

VERSION 9 2023 ALLERGENS GUIDE - 12.11.2023

Suitable for?

Breakfast Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Toasted Granola	✓ wheat, oats, rye				√												
Pain Au Chocolat	√ wheat	/			√											✓	
Croissant	✓ wheat				√											✓	
Pain Au Raisin	✓ wheat				√											✓	
Buttermilk Pancake & Chocolate Sauce	✓ wheat				✓	/										✓	
Pancake with Blueberry	√ wheat				√	/	√									✓	
Pancake with Bacon	✓ wheat				√	/											
Full English Breakfast	✓ wheat, barley	/				/	√										
Vegan Breakfast	✓ wheat, barley	/													/		
Avocado on Toast	✓ wheat, barley, rye				√	/	√	/								✓	
Eggs Benedict	✓ wheat, barley				√	/	√										
Eggs Royale	✓ wheat				√	/	√						/				
Eggs Florentine	✓ wheat				✓	/	√									✓	



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Victors Bites Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Sourdough Bread & Butter flight	√wheat				√											√	
Victors Nut Blend										/	✓ almonds, cashew					√	
Giant Green Olives															/		
Avocado Hummus	√wheat	/					✓		✓						/		
Padrón Peppers	*														/		*Cooked in a fryer where other allergens may be present



															Suitab	ole for?	
Small Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Mushroom Croquettes	✓ wheat, barley	✓			✓	/		/								/	
Shrimp Tempura	√ wheat	/					/					/					
Beef Tataki	✓ wheat, barley	/				/		/									
Chicken Skewers		/							/								
Panko Squid	✓ wheat, barley	✓			/	/		/						/			
Lil' Beef Burgers	√ wheat	✓			/	/	/	/									
Popcorn Chicken	√ wheat	✓			/	/	/	/									
Seared Scallops	√ wheat	/											/	/			
Panko Smoked Tofu	✓ wheat	√						/	/						1		*Cooked in a fryer where other allergens may be present
Crab & Yuzu Tacos	*			/		/	/	✓				/					*Cooked in a fryer where other allergens may be present
Crispy Tuna	√ wheat	/				/	/	/	/				/				*Cooked in a fryer where other allergens may be present
Halloumi					/											/	*Cooked in a fryer where other allergens may be present
Lobster Rolls	✓ wheat	✓			✓	/		/				✓	/	/			
Tempura Green Beans	√ wheat	/					/		/						/		



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Sushi & Sashiwi Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Shrimp Tempura Sushi Rolls	✓ wheat, barley	/			/	/		✓	/			√					
Avocado Dragon Sushi Rolls	✓ wheat	/						/							/		
Spicy Devon Crab Sushi Rolls	✓ wheat	/		/		/	/		/			/					
Crispy Duck Sushi Rolls	✓ wheat	/		/					/								
Yellowfin Tuna Sashimi	✓ wheat	/					/						/				
Salmon Sashimi	✓ wheat	/											/				
Victors Half Sushi Set	✓ wheat	/		/	/	/	/	/	/			/	/				*Cooked in a fryer where other allergens may be present
Victors Full Sushi Set	✓ wheat	/		/	/	/	/	/	/			/	/				*Cooked in a fryer where other allergens may be present



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Pizzette Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Charred Broccolini and Zucchini Pizza	✓ wheat							√							/		
Margherita Pizza	✓ wheat				/											✓	
Italian Sausage Pizza	✓ wheat				/			√									
Truffle Genovese	✓ wheat	/			/		/									✓	



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Large Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
'The Victors Way' burger	✓ wheat	/			/	✓	/	/									
'The Victors Way' burger w/ Bacon	✓ wheat	/			/	✓	/	/									
Teriyaki Salmon		/							/				/				
Miso & Harissa Roasted Vegetables		/							/						/		
Moving Mountains Vegan Burger	✓ wheat, oat, barley	/		/				/							/		
Miso Blackened Cod		/					/						/				
Yuzu Lemon Chicken		/					/	/	/								
Lobster Mac & Cheese	✓ wheat	✓			√							✓	✓	✓			



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Steak Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Fillet of Beef 225g							✓	√									
Rib Eye 250g							√	✓									
Tomahawk Rib Eye 1kg							/	✓									
Grilled Half Lobster (Surf & Turf Add on)					/							✓	1	/			
Peppercorn Sauce				/	/		✓	√									
Béarnaise Sauce	✓ barley				/	/	✓	√								✓	
White truffle, Porchini and Pancetta Jus				✓			✓										
Wild Garlic Butter					/												



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Solody Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Ха	Lupin	Celery	*	8	lphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	, h	olluscs	Vegan	Vegetarian	
	Cera (Conn Glute e.g. b	Soya	Lu	Ö	Milk	E SS	Sulpl	Ž	Se	Pe	Re.g le.g brazz	ن	Fish	Moll	>	>	Comments
Caesar Salad	✓ wheat, barley	/			✓	✓	√	✓								/	*Fish, Soya as optional addition
Super Food Salad	✓ wheat	/					√	✓	✓		✓ almonds				✓		*Fish, Soya as optional addition
Poke Bowl		✓					✓	✓	/						✓		*Fish, Soya as optional addition
Crispy Duck	✓ wheat	/					✓	✓	✓		✓ cashews						



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Sidey Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Broccolini															✓		
Parmesan Truffle Fries	*				/	/										/	*Cooked in a fryer where other allergens may be present
Victors Fries	*															/	*Cooked in a fryer where other allergens may be present
Sweet Potato Fries	*														✓		*Cooked in a fryer where other allergens may be present
Green Salad							✓	/							/		
Tomato Salad							√										
Sweet Potato Mash											√ cashews				/		
Pak Choi		/					√		✓						✓		
Truffle Mac & Cheese	✓ wheat	/			✓												
Tempura Green Beans	✓ wheat	/					√		/						/		



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Surday Coast Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Roast Chicken	√ wheat	/			✓	/	✓	/									
Roast Porchetta	√ wheat	✓			/	/	✓	/			✓ pine kernals						
Roast Beef	√ wheat	/			✓	/	✓	/									
Zucchini Cashew Roast (Vegetarian)	√ wheat	/		/	✓	✓	✓	/			√ cashew					√	
Zucchini Cashew Roast (Vegan)	√ wheat	✓		√			√	✓			√ cashew				✓		



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Desserts Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Pistachio Cheesecake	✓ wheat, barley				✓	✓					√ pistachio, almonds					√	
Raspberry Baked Alaska	√ wheat				/	✓										/	
Caramel Banana cake	√ wheat							/							/		
Affogato	✓ wheat				✓						may contain peanuts and almonds					✓	
Chocolate & Peanut Butter Meltdown	✓ wheat	/			/	/				/						√	
Stem Ginger Panna Cotta		/					/								/		
S'mores Fondue	✓ wheat	/			/	✓					✓ almonds						
Vanilla Ice Cream	√ wheat				/											/	
Chocolate Ice cream	✓ wheat	✓			/	/										✓	
Strawberry Ice cream	✓ wheat				/											√	
Raspberry Sorbet	✓ wheat	✓			/	/										✓	
Vegan Salted Caramel Ice Cream	√ wheat														/		



															Suitab	le for?	
Afternoon Tea Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Щ 88	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Filled Brioche Rolls	✓ wheat	/			/	/							/				*Vegetarian on request
Pistachio Cheesecake	✓ wheat, barley				/	/					v pistachio, almonds					✓	
Asparagus Maki Roll	√ wheat	/						✓	✓							/	
Mini Fruit Tart	✓ wheat				✓	✓										✓	
Freshly Made Scones	√ wheat				/	/										✓	
Yuzu Cones	✓ wheat	/				/	/									✓	
Caramel Banana cake	✓ wheat							✓							✓		
Clotted Cream					/											/	



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Xwaz Merv Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	F	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Chicken Skewers		✓							/								
Crispy Duck Salad	✓ wheat	/					/	/	/		√ cashews						
Smoked Salmon & Caviar Sushi Roll	✓ wheat	✓			✓	✓	/						/				
Shrimp Tempura	✓ wheat	/					/					√					
Panko Smoked Tofu	✓ wheat	✓						√	✓						/		*Cooked in a fryer where other allergens may be present
Stuffed Turkey Ballotine	✓ wheat	/		/	/		/										
Teriyaki Salmon		/							/				/				
Yuzu Lemon Chicken		/					/	√	/								
Chargrilled Rib Eye 250g							/	/									
Miso & Harissa Roasted Vegetables		✓							✓						/		
Vegetable Side Dish															/		

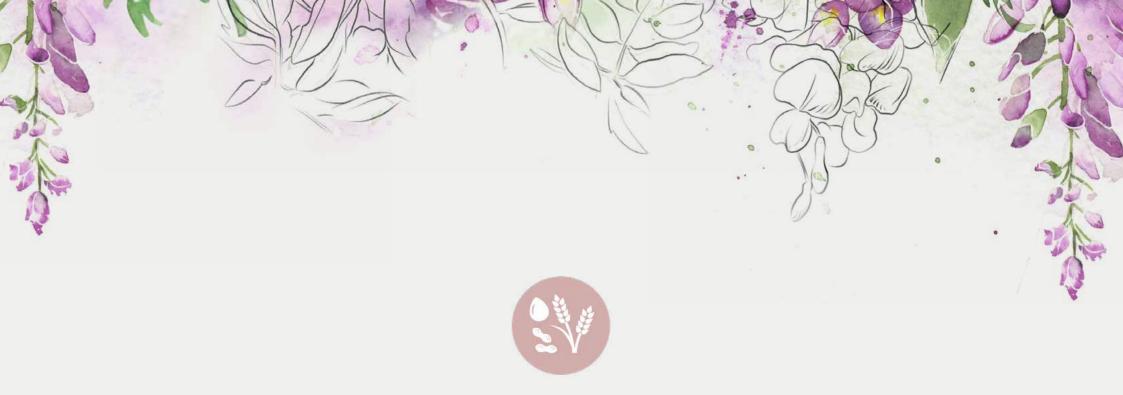


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Xnos Menn Cort. Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	В	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Chocolate Hazelnut Bombe	✓ wheat	✓			√	✓					√ hazelnuts					✓	
Flambeed Christmas Pudding	✓ wheat				/	✓										✓	
Gluten Free Christmas Pudding					✓	✓										✓	
Caramel Banana cake	✓ wheat							/							✓		
Vanilla Ice Cream	✓ wheat				/											✓	
Chocolate Ice cream	✓ wheat	√			✓	✓										✓	
Strawberry Ice cream	✓ wheat				/											✓	
Raspberry Sorbet	✓ wheat	✓			✓	✓										✓	
Vegan Salted Caramel Ice Cream	✓ wheat														/		



								Suitab	le for?								
Condiments Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	В 88	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Grated Wasabi Condiment	✓	/											/				
Tamari Gluten Free Soy Sauce		✓															
Horseradish Sauce					✓	/		✓									
Hellmans Mayonnaise						/											
Japanese Kewpie Mayonnaise	√	✓				/		√									
Dijon (French) Mustard							/	/									
English Mustard Colemans	✓							/									
Sriracha Chilli Sauce																	
BBQ Sauce								/									
Tomato Ketchup Heinz				/													
Tabasco Sauce																	
Vegan Mayo								/							/		
Worcestershire Sauce Lea & Perrins	√												/				





Little Victors Menn ALLERGENS

															Suitab	le for?	
For Table Food item	Cereals (Containing Gluten) e.g. bran, wheat,	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Nibble Crispy Peas															/		*Cooked in a fryer where other allergens may be present
Nibble Edamame	*	/													/		
Olives															✓		



															Suitab	le for?	
Startery Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Hummus	√ wheat	/		√					√						✓		
Squid	✓ wheat				/			/						/			
Lil shrimp sushi	✓ wheat	/				/		✓	/			√					
Lil veg sushi	✓ wheat	/				/		/	/							/	
Popcorn chick salad	✓ wheat	/			/	/	✓	✓									



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Larger Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	E	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
'Lil Poke Bowl - Base		/					/	/	/						/		
'Lil Poke Bowl - Shrimp	✓ wheat	/					/	/	/			/					
'Lil Poke Bowl - Halloumi		✓			/		/	/	/							/	
'Lil Poke Bowl - Tofu	✓ wheat	✓					/	✓	/						/		
'Lil Poke Bowl - Chicken		/					✓	✓	1								
Kids Sunday Roast	✓ wheat			/	/	/									/		
Kids Penne Pasta					/	/										/	
Kids Pizzette	√ wheat	/			/											/	
Fritto Misto	✓ wheat, barley	/			/	/		/				/	✓	/			
'Lil Burger and Fries	✓ wheat, barley	/			/	/											
'Lil Skewers and Broccolini		✓							/								
Popcorn Chicken and Fries	√ wheat				/			/									



															Suitab	le for?	
SiDey Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Broccolini																/	
Kids Spiralised Carrots							/									/	
Edamame Beans		✓														/	



															Suital	ole for?	
Deggert Food item	Cereals (Containing Gluten) e.g. bran, wheat,	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Ice Cream - Vanilla					✓											✓	
Ice Cream - Chocolate						/										/	
Ice Cream - Strawberry					/											/	
Sorbet - Raspberry															/		
Sorbet - Coconut															/		
Fruit Plate															/		
Nutella Mini Doughnuts	√ wheat	/			/	/	√				√ hazelnuts					✓	

