



Allergens and Intolerances: All of our dishes are prepared in kitchens where allergens are present and where fresh food is prepared. We use ingredients containing Gluten (Wheat, Barley, Oats) Eggs, Milk, Soy, Celery, Sulphites, Nuts, Peanuts, Fish, Molluscs, Crustacea, Mustard, and Sesame. Please note that not all ingredients are listed in our menu descriptions. Due to the possible risk of cross contamination, we are unable to guarantee the absence of traces of allergens. If you have particular dietary requirements or intolerances to allergens, we ask that you speak to a member of our team before ordering. Whilst we take every care to remove them, Fish & Shellfish may contain small bones or pieces of shell. All weights stated are approximate, pre-cooked quantities. We have Chicken & Steaks from Halal certified suppliers available on request. We are happy to prepare dishes with non-gluten-containing ingredients upon request but may not always be able to substitute all elements of a dish.



VERSION 1
2024 ALLERGENS GUIDE - 26.01.2024

| <div>Breakfast</div> <div>Food item</div> | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|---|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Toasted Granola | ✓ wheat, oats, rye | | | | ✓ | | | | | | | | | | | | |
| Pain Au Chocolat | ✓ wheat | ✓ | | | ✓ | | | | | | | | | | | ✓ | |
| Croissant | ✓ wheat | | | | ✓ | | | | | | | | | | | ✓ | |
| Pain Au Raisin | ✓ wheat | | | | ✓ | | | | | | | | | | | ✓ | |
| Buttermilk Pancake & Chocolate Sauce | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | ✓ | |
| Pancake with Blueberry | ✓ wheat | | | | ✓ | ✓ | ✓ | | | | | | | | | ✓ | |
| Pancake with Bacon | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | | |
| Full English Breakfast | ✓ wheat, barley | ✓ | | | | ✓ | ✓ | | | | | | | | | | |
| Vegan Breakfast | ✓ wheat, barley | ✓ | | | | | | | | | | | | | ✓ | | |
| Avocado on Toast | ✓ wheat, barley, rye | | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | ✓ | |
| Eggs Benedict | ✓ wheat, barley | | | | ✓ | ✓ | ✓ | | | | | | | | | | |
| Eggs Royale | ✓ wheat | | | | ✓ | ✓ | ✓ | | | | | | ✓ | | | | |
| Eggs Florentine | ✓ wheat | | | | ✓ | ✓ | ✓ | | | | | | | | | ✓ | |

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| <div>Victors Bites</div> <div>Food item</div> | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|---|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|--|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Sourdough Bread & Butter flight | ✓ <i>wheat</i> | | | | ✓ | | | | | | | | | | | ✓ | |
| Victors Nut Blend | | | | | | | | | | ✓ | ✓ <i>almonds, cashew</i> | | | | | ✓ | |
| Giant Green Olives | | | | | | | | | | | | | | | ✓ | | |
| Avocado Hummus | ✓ <i>wheat</i> | ✓ | | | | | ✓ | | ✓ | | | | | | ✓ | | |
| Padrón Peppers | * | | | | | | | | | | | | | | ✓ | | <i>*Cooked in a fryer where other allergens may be present</i> |

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| Small Plates Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|---------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|---|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Mushroom Croquettes | ✓ wheat, barley | ✓ | | | ✓ | ✓ | | ✓ | | | | | | | | ✓ | |
| Shrimp Tempura | ✓ wheat | ✓ | | | | | ✓ | | | | | ✓ | | | | | |
| Beef Tataki | ✓ wheat, barley | ✓ | | | | ✓ | | ✓ | | | | | | | | | |
| Chicken Skewers | | ✓ | | | | | | | ✓ | | | | | | | | |
| Panko Squid | ✓ wheat, barley | ✓ | | | ✓ | ✓ | | ✓ | | | | | | ✓ | | | |
| Li'l Beef Burgers | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | |
| Popcorn Chicken | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | |
| Seared Scallops | ✓ wheat | ✓ | | | | | | | | | | | ✓ | ✓ | | | |
| Panko Smoked Tofu | ✓ wheat | ✓ | | | | | | ✓ | ✓ | | | | | | ✓ | | *Cooked in a fryer where other allergens may be present |
| Crab & Yuzu Tacos | * | | | ✓ | | ✓ | ✓ | ✓ | | | | ✓ | | | | | *Cooked in a fryer where other allergens may be present |
| Crispy Tuna | ✓ wheat | ✓ | | | | ✓ | ✓ | ✓ | ✓ | | | | ✓ | | | | *Cooked in a fryer where other allergens may be present |
| Halloumi | | | | | ✓ | | | | | | | | | | | ✓ | *Cooked in a fryer where other allergens may be present |
| Lobster Rolls | ✓ wheat | ✓ | | | ✓ | ✓ | | ✓ | | | | ✓ | ✓ | ✓ | | | |
| Tempura Green Beans | ✓ wheat | ✓ | | | | | ✓ | | ✓ | | | | | | ✓ | | |

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| Suitable for? | | | | | | | | | | | | | | | | Comments | |
|----------------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|-------|----------|---|
| Sushi & Sashimi Food item | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Vegan | | Vegetarian |
| | | | | | | | | | | | | | | | | | |
| Shrimp Tempura Sushi Rolls | ✓ <i>wheat, barley</i> | ✓ | | | ✓ | ✓ | | ✓ | ✓ | | | ✓ | | | | | |
| Avocado Dragon Sushi Rolls | ✓ <i>wheat</i> | ✓ | | | | | | ✓ | | | | | | | | ✓ | |
| Spicy Devon Crab Sushi Rolls | ✓ <i>wheat</i> | ✓ | | ✓ | | ✓ | ✓ | | ✓ | | | ✓ | | | | | |
| Crispy Duck Sushi Rolls | ✓ <i>wheat</i> | ✓ | | ✓ | | | | | ✓ | | | | | | | | |
| Yellowfin Tuna Sashimi | ✓ <i>wheat</i> | ✓ | | | | | ✓ | | | | | | ✓ | | | | |
| Salmon Sashimi | ✓ <i>wheat</i> | ✓ | | | | | | | | | | | ✓ | | | | |
| Victors Half Sushi Set | ✓ <i>wheat</i> | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ | | | | *Cooked in a fryer where other allergens may be present |
| Victors Full Sushi Set | ✓ <i>wheat</i> | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ | ✓ | | | | *Cooked in a fryer where other allergens may be present |

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| <div>Pizzette</div> <div>Food item</div> | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|--|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Charred Broccoli and Zucchini Pizza | ✓ <i>wheat</i> | | | | | | | ✓ | | | | | | | ✓ | | |
| Margherita Pizza | ✓ <i>wheat</i> | | | | ✓ | | | | | | | | | | | ✓ | |
| Italian Sausage Pizza | ✓ <i>wheat</i> | | | | ✓ | | | ✓ | | | | | | | | | |
| Truffle Genovese | ✓ <i>wheat</i> | ✓ | | | ✓ | | ✓ | | | | | | | | | ✓ | |

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| Large Plates Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|-----------------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| 'The Victors Way' burger | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | |
| 'The Victors Way' burger w/ Bacon | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | |
| Teriyaki Salmon | | ✓ | | | | | | | ✓ | | | | ✓ | | | | |
| Miso & Harissa Roasted Vegetables | | ✓ | | | | | | | ✓ | | | | | | ✓ | | |
| Moving Mountains Vegan Burger | ✓ wheat, oat, barley | ✓ | | ✓ | | | | ✓ | | | | | | | ✓ | | |
| Miso Blackened Cod | | ✓ | | | | | ✓ | | | | | | ✓ | | | | |
| Yuzu Lemon Chicken | | ✓ | | | | | ✓ | ✓ | ✓ | | | | | | | | |
| Lobster Mac & Cheese | ✓ wheat | ✓ | | | ✓ | | | | | | | ✓ | ✓ | ✓ | | | |

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| Steak Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|--|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Fillet of Beef 225g | | | | | | | ✓ | ✓ | | | | | | | | | |
| Rib Eye 250g | | | | | | | ✓ | ✓ | | | | | | | | | |
| Tomahawk Rib Eye 1kg | | | | | | | ✓ | ✓ | | | | | | | | | |
| Grilled Half Lobster (Surf & Turf Add on) | | | | | ✓ | | | | | | | ✓ | ✓ | ✓ | | | |
| Peppercorn Sauce | | | | ✓ | ✓ | | ✓ | ✓ | | | | | | | | | |
| Béarnaise Sauce | ✓ barley | | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | ✓ | |
| White truffle, Porchini and Pancetta Jus | | | | ✓ | | | ✓ | | | | | | | | | | |
| Wild Garlic Butter | | | | | ✓ | | | | | | | | | | | | |

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| Salads Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|---------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------------------------------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Caesar Salad | ✓ wheat, barley | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | ✓ | *Fish, Soya as optional addition |
| Super Food Salad | ✓ wheat | ✓ | | | | | ✓ | ✓ | ✓ | | ✓ almonds | | | | ✓ | | *Fish, Soya as optional addition |
| Poke Bowl | | ✓ | | | | | ✓ | ✓ | ✓ | | | | | | ✓ | | *Fish, Soya as optional addition |
| Crispy Duck | ✓ wheat | ✓ | | | | | ✓ | ✓ | ✓ | | ✓ cashews | | | | | | |

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| Sides Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|---|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Broccolini | | | | | | | | | | | | | | | ✓ | | |
| Parmesan Truffle Fries | * | | | | ✓ | ✓ | | | | | | | | | | ✓ | *Cooked in a fryer where other allergens may be present |
| Victors Fries | * | | | | | | | | | | | | | | | ✓ | *Cooked in a fryer where other allergens may be present |
| Sweet Potato Fries | * | | | | | | | | | | | | | | ✓ | | *Cooked in a fryer where other allergens may be present |
| Green Salad | | | | | | | ✓ | ✓ | | | | | | | ✓ | | |
| Tomato Salad | | | | | | | ✓ | | | | | | | | | | |
| Sweet Potato Mash | | | | | | | | | | | ✓ cashews | | | | ✓ | | |
| Pak Choi | | ✓ | | | | | ✓ | | ✓ | | | | | | ✓ | | |
| Truffle Mac & Cheese | ✓ wheat | ✓ | | | ✓ | | | | | | | | | | | | |
| Tempura Green Beans | ✓ wheat | ✓ | | | | | ✓ | | ✓ | | | | | | ✓ | | |

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| Sunday Roast Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|--|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Sunday Roast Sirloin | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | | |
| Sunday Roast Chicken | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | | |
| Sunday Roast Porchetta | ✓ wheat | | | | ✓ | ✓ | ✓ | | | | | | | | | | |
| Sunday Trio roasts | ✓ wheat | | | | ✓ | ✓ | ✓ | | | | | | | | | | |
| Sunday Tomahawk | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | | |
| Sunday Vegan Roast (vg) | ✓ wheat | ✓ | | ✓ | | | ✓ | ✓ | | | ✓ cashews | | | | ✓ | | |
| Sunday Vegetarian Roast (v) | ✓ wheat | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | | | ✓ cashews | | | | | ✓ | |
| Cauliflower Cheese Sunday Side | | ✓ | | | ✓ | | | | | | | | | | | | |
| Focaccia & Rosemary Stuffing Sunday Side | ✓ wheat | | | | | | | | | | | | | | ✓ | | |
| Pigs in Blankets Sunday Side | ✓ wheat | | | | | | ✓ | | | | | | | | | | |
| Yorkshire Pudding Side | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | ✓ | |

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| Desserts Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|------------------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Pistachio Cheesecake | ✓ wheat, barley | | | | ✓ | ✓ | | | | | ✓ pistachio, almonds | | | | | ✓ | |
| Raspberry Baked Alaska | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | ✓ | |
| Caramel Banana cake | ✓ wheat | | | | | | | ✓ | | | | | | | ✓ | | |
| Affogato | ✓ wheat | | | | ✓ | | | | | | ✓ may contain peanuts and almonds | | | | | ✓ | |
| Chocolate & Peanut Butter Meltdown | ✓ wheat | ✓ | | | ✓ | ✓ | | | | ✓ | | | | | | ✓ | |
| Stem Ginger Panna Cotta | | ✓ | | | | | ✓ | | | | | | | | ✓ | | |
| S'mores Fondue | ✓ wheat | ✓ | | | ✓ | | | | | | | | | | | | |
| Chocolate Hazelnut Bombe | ✓ wheat | ✓ | | | ✓ | | | | | | ✓ hazelnuts, almonds | | | | | ✓ | |
| Brandy Snap Served with Ice Cream | ✓ wheat | | | | ✓ | | | | | | | | | | | ✓ | |
| Scoop Only Vanilla Ice Cream | | | | | ✓ | | | | | | | | | | | ✓ | |
| Chocolate Gelato Scoop | | ✓ | | | | | | | | | | | | | ✓ | | |
| Scoop Only Strawberry Ice Cream | | | | | ✓ | | | | | | | | | | | ✓ | |
| Scoop Only Raspberry Sorbet | | | | | | | | | | | | | | | ✓ | | |
| Vegan Salted Caramel Ice Cream | | | | | | | | | | | | | | | ✓ | | |

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| Afternoon Tea Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|----------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|------------------------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Filled Brioche Rolls | ✓ wheat | ✓ | | | ✓ | ✓ | | | | | | | ✓ | | | | *Vegetarian on request |
| Pistachio Cheesecake | ✓ wheat, barley | | | | ✓ | ✓ | | | | | ✓ pistachio, almonds | | | | | ✓ | |
| Asparagus Maki Roll | ✓ wheat | ✓ | | | | | | ✓ | ✓ | | | | | | | ✓ | |
| Mini Fruit Tart | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | ✓ | |
| Freshly Made Scones | ✓ wheat | | | | ✓ | ✓ | | | | | | | | | | ✓ | |
| Yuzu Cones | ✓ wheat | ✓ | | | | ✓ | ✓ | | | | | | | | | ✓ | |
| Caramel Banana cake | ✓ wheat | | | | | | | ✓ | | | | | | | ✓ | | |
| Clotted Cream | | | | | ✓ | | | | | | | | | | | ✓ | |

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| <div>Condiments</div> <div>Food item</div> | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|--|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Grated Wasabi Condiment | ✓ | ✓ | | | | | | | | | | | ✓ | | | | |
| Tamari Gluten Free Soy Sauce | | ✓ | | | | | | | | | | | | | | | |
| Horseradish Sauce | | | | | | ✓ | ✓ | ✓ | | | | | | | | | |
| Hellmans Mayonnaise | | | | | | ✓ | | | | | | | | | | | |
| Japanese Kewpie Mayonnaise | ✓ | ✓ | | | | ✓ | | ✓ | | | | | | | | | |
| Dijon (French) Mustard | | | | | | | ✓ | ✓ | | | | | | | | | |
| English Mustard Colemans | ✓ | | | | | | | ✓ | | | | | | | | | |
| Sriracha Chilli Sauce | | | | | | | | | | | | | | | | | |
| BBQ Sauce | | | | | | | | ✓ | | | | | | | | | |
| Tomato Ketchup Heinz | | | | ✓ | | | | | | | | | | | | | |
| Tabasco Sauce | | | | | | | | | | | | | | | | | |
| Vegan Mayo | | | | | | | | ✓ | | | | | | | | ✓ | |
| Worcestershire Sauce Lea & Perrins | ✓ | | | | | | | | | | | | ✓ | | | | |

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Little Victors Menu
ALLERGENS

| For Table | | | | | | | | | | | | | | | Suitable for? | | Comments |
|--------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|---|
| Food item | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Vegan | Vegetarian | |
| Nibble Crispy Peas | | | | | | | | | | | | | | | ✓ | | *Cooked in a fryer where other allergens may be present |
| Nibble Edamame | * | ✓ | | | | | | | | | | | | | ✓ | | |
| Olives | | | | | | | | | | | | | | | ✓ | | |

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| Starter Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|----------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Hummus | ✓ wheat | ✓ | | ✓ | | | | | ✓ | | | | | | ✓ | | |
| Squid | ✓ wheat | | | | ✓ | | | ✓ | | | | | | ✓ | | | |
| Lil shrimp sushi | ✓ wheat | ✓ | | | | ✓ | | ✓ | ✓ | | | ✓ | | | | | |
| Lil veg sushi | ✓ wheat | ✓ | | | | ✓ | | ✓ | ✓ | | | | | | | ✓ | |
| Popcorn chick salad | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | |

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| Larger Plates Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|-----------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| 'Lil Poke Bowl - Base | | ✓ | | | | | ✓ | ✓ | ✓ | | | | | | ✓ | | |
| 'Lil Poke Bowl - Shrimp | ✓ wheat | ✓ | | | | | ✓ | ✓ | ✓ | | | ✓ | | | | | |
| 'Lil Poke Bowl - Halloumi | | ✓ | | | ✓ | | ✓ | ✓ | ✓ | | | | | | | ✓ | |
| 'Lil Poke Bowl - Tofu | ✓ wheat | ✓ | | | | | ✓ | ✓ | ✓ | | | | | | ✓ | | |
| 'Lil Poke Bowl - Chicken | | ✓ | | | | | ✓ | ✓ | ✓ | | | | | | | | |
| Kids Sunday Roast | ✓ wheat | | | ✓ | ✓ | ✓ | | | | | | | | | ✓ | | |
| Kids Penne Pasta | | | | | ✓ | ✓ | | | | | | | | | | ✓ | |
| Kids Pizzette | ✓ wheat | ✓ | | | ✓ | | | | | | | | | | | ✓ | |
| Fritto Misto | ✓ wheat, barley | ✓ | | | ✓ | ✓ | | ✓ | | | | ✓ | ✓ | ✓ | | | |
| 'Lil Burger and Fries | ✓ wheat, barley | ✓ | | | ✓ | ✓ | | | | | | | | | | | |
| 'Lil Skewers and Broccolini | | ✓ | | | | | | | ✓ | | | | | | | | |
| Popcorn Chicken and Fries | ✓ wheat | | | | ✓ | | | ✓ | | | | | | | | | |

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| Sides Food item | Cereals (Containing Gluten) <i>e.g. bran, wheat, spelt</i> | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts <i>e.g. hazelnuts, brazil nuts, walnuts</i> | Crustaceans | Fish | Molluscs | Suitable for? | | Comments |
|-------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|---|-------------|------|----------|---------------|------------|----------|
| | | | | | | | | | | | | | | | Vegan | Vegetarian | |
| Broccolini | | | | | | | | | | | | | | | | ✓ | |
| Kids Spiralised Carrots | | | | | | | ✓ | | | | | | | | | ✓ | |
| Edamame Beans | | ✓ | | | | | | | | | | | | | | ✓ | |

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| | | | | | | | | | | | | | | | Suitable for? | | Comments |
|------------------------|---|------|-------|--------|------|-----|-----------|---------|--------|---------|--|-------------|------|----------|---------------|------------|----------|
| Dessert Food item | Cereals (Containing Gluten) e.g. bran, wheat, spelt | Soya | Lupin | Celery | Milk | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts | Crustaceans | Fish | Molluscs | Vegan | Vegetarian | |
| | | | | | | | | | | | | | | | | | |
| Ice Cream - Vanilla | | | | | ✓ | | | | | | | | | | | ✓ | |
| Ice Cream - Chocolate | | | | | | ✓ | | | | | | | | | | ✓ | |
| Ice Cream - Strawberry | | | | | ✓ | | | | | | | | | | | ✓ | |
| Sorbet - Raspberry | | | | | | | | | | | | | | | ✓ | | |
| Sorbet - Coconut | | | | | | | | | | | | | | | ✓ | | |
| Fruit Plate | | | | | | | | | | | | | | | ✓ | | |
| Nutella Mini Doughnuts | ✓ wheat | ✓ | | | ✓ | ✓ | ✓ | | | | ✓ hazelnuts | | | | | ✓ | |

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