

Allergens and Intolerances:

All of our dishes are prepared in kitchens where allergens are present and where fresh food is prepared. We use ingredients containing Gluter (Wheat, Barley, Oats) Eggs, Milk, Soy, Celery, Sulphites, Nuts, Peanuts, Fish, Molluscs, Crustacea, Mustard, and Sesame. Please note that not all ingredients are listed in our menu descriptions.

While we take all reasonable precautions, due to the possible risk of cross contamination, we are unable to guarantee the total absence of all traces of allergens in all dishes. If you have particular dietary requirements or intolerances to allergens, we ask that you speak to a member our team before ordering.

We are happy to prepare dishes with nongluten-containing ingredients upon request but may not always be able to substitute all elements of a dish.

Whilst we take every care to remove them, Fish & Shellfish may contain small bones or pieces of shell

Chicken & Steaks from Halal certified suppliers are available on request.

All weights stated are approximate, pre-cooked quantities.





VERSION 4 2024 ALLERGENS GUIDE - 25.04.24

															Suitab	le for?	
Breakfast Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Toasted Granola	✓ wheat, oats, rye				/												
Pain Au Chocolat	✓ wheat	/			/											√	
Croissant	✓ wheat				/											✓	
Pain Au Raisin	✓ wheat				✓											√	
Buttermilk Pancake & Chocolate Sauce	✓ wheat				✓	✓										√	
Pancake with Blueberry	✓ wheat				/	/	/									✓	
Pancake with Bacon	✓ wheat				/	/											
Full English Breakfast	✓ wheat, barley	/				/	/										
Vegan Breakfast	✓ wheat, barley	/													/		
Avocado on Toast	✓ wheat, barley, rye				/	/	/	/								✓	
Eggs Benedict	✓ wheat, barley				/	/	/										
Eggs Royale	✓ wheat				/	/	/						/				
Eggs Florentine	✓ wheat				/	/	/									✓	

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Victors Bites Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Sourdough Bread & Butter flight	√wheat				√											√	
Victors Nut Blend										/	✓ almonds, cashew					✓	
Giant Green Olives															/		
Avocado Hummus	√wheat	/					✓		✓						/		
Padrón Peppers	*														/		*Cooked in a fryer where other allergens may be present

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Small Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Mushroom Croquettes	✓ wheat, barley	✓			✓	√		/								/	
Shrimp Tempura	√ wheat	/					✓					/					
Beef Tataki	✓ wheat, barley	✓				✓		/									
Chicken Skewers		/							/								
Panko Squid	✓ wheat, barley	/			/	/		/						/			
Lil' Beef Burgers	√ wheat	/			/	/	/	/									
Popcorn Chicken	√ wheat	✓			/	/	/	/									
Seared Scallops	✓ wheat	/											✓	/			
Panko Smoked Tofu	✓ wheat	/						/	/						✓		*Cooked in a fryer where other allergens may be present
Crab & Yuzu Tacos	*			/		✓	✓	/				/					*Cooked in a fryer where other allergens may be present
Crispy Tuna	√ wheat	/				✓	/	/	/				✓				*Cooked in a fryer where other allergens may be present
Halloumi					/											/	*Cooked in a fryer where other allergens may be present
Lobster Rolls	√ wheat	√			✓	√		/				✓	/	✓			
Tempura Green Beans	√ wheat	/					/		/						/		

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Sushi & Sashiwi Food item	Cereals (Containing Gluten) e.g. bran, wheat,	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Shrimp Tempura Sushi Rolls	✓ wheat, barley	/			/	/		/	/			√					
Avocado Dragon Sushi Rolls	✓ wheat	/						/							/		
Spicy Devon Crab Sushi Rolls	✓ wheat	/		/		/	/		/			✓					
Crispy Duck Sushi Rolls	✓ wheat	/		/					/								
Yellowfin Tuna Sashimi	✓ wheat	/					/						/				
Salmon Sashimi	✓ wheat	/											/				
Victors Half Sushi Set	✓ wheat	/		/	/	/	/	/	/			/	/				*Cooked in a fryer where other allergens may be present
Victors Full Sushi Set	✓ wheat	/		/	/	/	/	/	/			✓	/				*Cooked in a fryer where other allergens may be present

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Pizzette Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Charred Broccolini and Zucchini Pizza	✓ wheat							√							✓		
Margherita Pizza	✓ wheat				√											√	
Italian Sausage Pizza	✓ wheat				√			✓									
Truffle Genovese	✓ wheat	✓			✓		✓									√	

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Large Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
'The Victors Way' burger	✓ wheat	/			/	/	√	✓									
'The Victors Way' burger w/ Bacon	✓ wheat	/			/	/	/	/									
Teriyaki Salmon		/							/				/				
Miso & Harissa Roasted Vegetables		/							✓						/		
Moving Mountains Vegan Burger	✓ wheat, oat, barley	/		/				/							/		
Miso Blackened Cod		/					/						/				
Yuzu Lemon Chicken		/					/	/	/								
Lobster Mac & Cheese	√ wheat	✓			✓							✓	✓	✓			

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															Suitab	le for?	
Steak Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Fillet of Beef 225g							✓	√									
Rib Eye 250g							/	/									
Tomahawk Rib Eye 1kg							/	✓									
Grilled Half Lobster (Surf & Turf Add on)					1							√	1	1			
Peppercorn Sauce				/	/		1	/									
Béarnaise Sauce	✓ barley				/	/	/	√								/	
White truffle, Porchini and Pancetta Jus				✓			✓										
Wild Garlic Butter					/												

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															Suitab	le for?	
Solody Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
	0 0 0 0 5	0)				ш	0)	_	0)		2003						Somments
Caesar Salad	✓ wheat, barley	/			/	/	/	/								/	*Fish, Soya as optional addition
Super Food Salad	√ wheat	/					/	/	✓		✓ almonds				√		*Fish, Soya as optional addition
Poke Bowl		/					/	✓	✓						✓		*Fish, Soya as optional addition
Crispy Duck	√ wheat	✓					✓	✓	/		√ cashews						

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															Suitab	le for?	
Sides Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Broccolini															/		
Parmesan Truffle Fries	*				/	/										/	*Cooked in a fryer where other allergens may be present
Victors Fries	*															√	*Cooked in a fryer where other allergens may be present
Sweet Potato Fries	*														/		*Cooked in a fryer where other allergens may be present
Green Salad							/	/							/		
Tomato Salad							/										
Sweet Potato Mash											√ cashews				/		
Pak Choi		✓					✓		✓						/		
Truffle Mac & Cheese	✓ wheat	✓			✓												
Tempura Green Beans	✓ wheat	✓					/		✓						/		

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															Suitab	le for?	
Surday Coast Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Sunday Roast Sirloin	√ wheat				✓	✓											
Sunday Roast Chicken	√ wheat				/	/											
Sunday Roast Porchetta	✓ wheat				/	✓	/										
Sunday Trio roasts	✓ wheat				/	/	/										
Sunday Tomahawk	✓ wheat				/	/											
Sunday Vegan Roast (vg)	✓ wheat	/		/			/	/			√ cashews				✓		
Sunday Vegetarian Roast (v)	✓ wheat	/		/	/	/	/	/			√ cashews					✓	
Cauliflower Cheese Sunday Side		✓			/												
Focaccia & Rosemary Stuffing Sunday Side	√ wheat														✓		
Pigs in Blankets Sunday Side	✓ wheat						/										
Yorkshire Pudding Side	√ wheat				/	/										✓	

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															Suitab	le for?	
Desserts Food item	Cereals (Containing Gluten) e.g. bran, wheat,	Soya	Lupin	Celery	Milk	В	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Pistachio Cheesecake	✓ wheat, barley				✓	✓					√ pistachio, almonds					√	
Raspberry Baked Alaska	√ wheat				✓	1										/	
Caramel Banana cake	✓ wheat							✓							√		
Affogato	✓ wheat				✓						may contain peanuts and almonds					✓	
Chocolate & Peanut Butter Meltdown	√ wheat	/			✓	1				✓						/	
Stem Ginger Panna Cotta		✓					√								✓		
S'mores Fondue	√ wheat	✓			/												
Chocolate Hazelnut Bombe	√ wheat	/			✓	✓					√ hazelnuts, almonds					/	
Brandy Snap Served with Ice Cream	√ wheat				/											✓	
Scoop Only Vanilla Ice Cream					/											✓	
Scoop Only Chocolate Gelato					/											√	
Scoop Only Strawberry Ice Cream					/											√	
Scoop Only Raspberry Sorbet															√		
Vegan Salted Caramel Ice Cream															✓		

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															Suitab	le for?	
Lww. Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Popcorn Chicken	✓ wheat	✓			/	/	/	/									
Avocado Hummus	√wheat	/					✓		/						✓		
Halloumi					/											/	*Cooked in a fryer where other allergens may be present
Lil' Beef Burgers	√ wheat	✓			✓	✓	✓	/									
Mushroom Croquettes	✓ wheat, barley	/			/	/		/								/	
Panko Squid	✓ wheat, barley	✓			/	/		/						/			
Chicken Skewers		/							/								
Shrimp Tempura	√ wheat	✓					✓					/					
Tempura Green Beans	√ wheat	✓					/		/						/		
Panko Smoked Tofu	✓ wheat	/						/	/						/		*Cooked in a fryer where other allergens may be present
Cobb Salad						/	/	/									
Caesar Salad	✓ wheat, barley	/			/	/	/	/								/	*Fish, Soya as optional addition
Crispy Duck Salad	✓ wheat	/					/	/	/		√ cashews						
Poke Bowl		/					/	/	/						/		*Fish, Soya as optional addition
Margherita Pizzette	√ wheat				✓											/	
Chorizo & Hot Honey Pizzette	√ wheat				✓												
Four Cheese Pizzette	√ wheat				/												
Turkey Club	√ wheat	✓			✓	✓	✓										

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															Suitab	le for?	
Lunch cont. Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
'The Victors Way' burger	✓ wheat	/			/	/	/	✓									
Flat Iron Steak					/												
North Sea Mussels - Sriracha	✓ wheat	/			/		✓							/			
North Sea Mussels - Garlic Butter	✓ wheat				/		✓							/			
Victors Chicken Burger	✓ wheat				/	✓	✓										
Beef Rib Sandwich	✓ wheat	/			/	/	/	/									
Teriyaki Salmon		✓							/				/				
Yuzu Lemon Chicken		✓					✓	/	✓								
Moving Mountains Vegan Burger	✓ wheat, oat, barley	✓		✓				/							✓		
Broccolini															/		
Parmesan Truffle Fries	*				/	/										✓	*Cooked in a fryer where other allergens may be present
Victors Fries	*															✓	*Cooked in a fryer where other allergens may be present
Sweet Potato Fries	*														✓		*Cooked in a fryer where other allergens may be present
Green Salad							/	/							/		

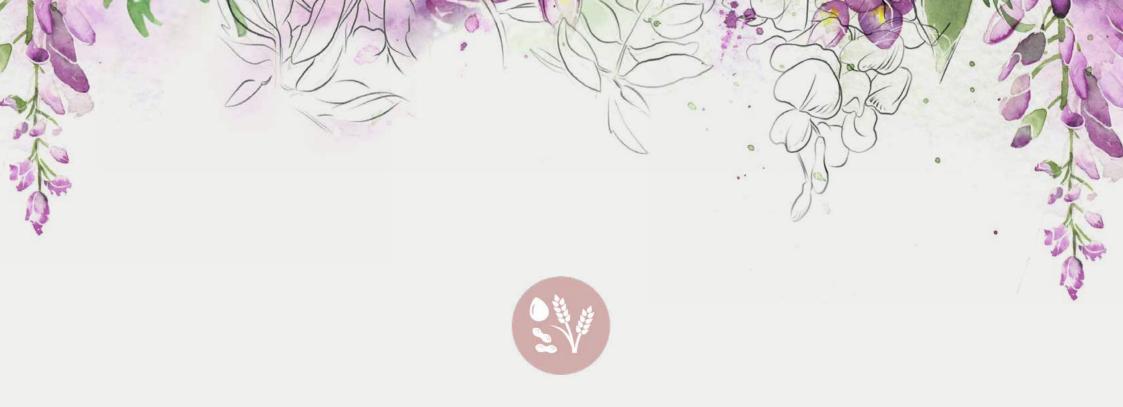
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															Suitab	le for?	
Afternoon Tea Food item	Cereals (Containing Gluten) e.g. bran, wheat,	Soya	Lupin	Celery	Milk	Щ 83 83	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Filled Brioche Rolls	✓ wheat	/			/	/							/				*Vegetarian on request
Pistachio Cheesecake	✓ wheat, barley				✓	/					√ pistachio, almonds					✓	
Asparagus Maki Roll	√ wheat	✓						✓	✓							/	
Mini Fruit Tart	✓ wheat				/	/										✓	
Freshly Made Scones	√ wheat				/	/										/	
Yuzu Cones	✓ wheat	✓				/	/									✓	
Caramel Banana cake	✓ wheat							/							✓		
Clotted Cream					/											✓	

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															Suitab	le for?	
Condiments Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	П	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Grated Wasabi Condiment	✓	√											/				
Tamari Gluten Free Soy Sauce		✓															
Horseradish Sauce						✓	✓	✓									
Hellmans Mayonnaise						/											
Japanese Kewpie Mayonnaise	✓	/				/		/									
Dijon (French) Mustard							/	/									
English Mustard Colemans	✓							/									
Sriracha Chilli Sauce																	
BBQ Sauce								/									
Tomato Ketchup Heinz				/													
Tabasco Sauce																	
Vegan Mayo								/							/		
Worcestershire Sauce Lea & Perrins	✓												✓				

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Little Victors Menn ALLERGENS

															Suitab	le for?	
For Table Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Nibble Crispy Peas															✓		*Cooked in a fryer where other allergens may be present
Nibble Edamame	*	/													/		
Olives															/		

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															Suitab	le for?	
Starters Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Hummus	✓ wheat	✓		√					✓						/		
Squid	✓ wheat				/			/						/			
Lil shrimp sushi	✓ wheat	✓				✓		/	/			/					
Lil veg sushi	✓ wheat	/				/		/	/							/	
Popcorn chick salad	√ wheat	✓			✓	/	/	✓									

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															Suitab	le for?	
Lorger Plates Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	В	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
'Lil Poke Bowl - Base		/					✓	/	/						/		
'Lil Poke Bowl - Shrimp	✓ wheat	/					/	/	/			✓					
'Lil Poke Bowl - Halloumi		/			/		/	/	/							/	
'Lil Poke Bowl - Tofu	√ wheat	✓					✓	✓	✓						/		
'Lil Poke Bowl - Chicken		✓					1	1	/								
Kids Sunday Roast	✓ wheat			/	/	/									/		
Kids Penne Pasta					/	1										/	
Kids Pizzette	√ wheat	✓			/											/	
Fritto Misto	✓ wheat, barley	✓			/	/		✓				✓	/	✓			
'Lil Burger and Fries	✓ wheat, barley	/			✓	✓											
'Lil Skewers and Broccolini		✓							✓								
Popcorn Chicken and Fries	√ wheat				/			/									

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															Suitab	le for?	
SiDey Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	В	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Broccolini																/	
Kids Spiralised Carrots							/									/	
Edamame Beans		✓														/	

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															Suitab	ble for?	
Dessert Food item	Cereals (Containing Gluten) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	Vegan	Vegetarian	Comments
Ice Cream - Vanilla					/											✓	
Ice Cream - Chocolate						/										/	
Ice Cream - Strawberry					/											✓	
Sorbet - Raspberry															/		
Sorbet - Coconut															✓		
Fruit Plate															/		
Nutella Mini Doughnuts	√ wheat	/			/	✓	✓				√ hazelnuts					✓	

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